

KIDS MEALS

SUMMER HOLIDAY DEALS

Save money on eating out during the school holidays with these meal deals in restaurants across the UK - School's almost out for the summer this year, which means many of us will be thinking of ways to keep the children entertained, well-fed and active.

For many in schools in England and Wales, the summer holidays start from July 29th, and last until Monday 2nd September.

With money feeling tighter than ever thanks to the cost of living crisis, we've created a handy guide to places that let kids eat for free or just £1 over the summer school holidays, making eating out as a family easier and more affordable.

	Children under eight can eat free with a full-paying adult buying a main course on Fridays, Saturdays and Sunday in London.
	Children aged 16 and under can eat for £1 when dining at any time of day in Asda Cafés.
	Two children, under the age of 16, eat free breakfast with any adult breakfast purchased for £10.99. Available 6:30am until 10:30am midweek and 7am until 11am at the weekend.
	Kids eat for £1 with the purchase of every adult main from 4-6pm on Sunday-Wednesdays This offer applies to children between the ages of 2-11. On Thursdays, your little ones can eat for free all day when an adult main is purchased from the "A La Carte" menu.
	Children can eat for free with a paying adult all day, everyday, at all BrewDog bars in England, Scotland and Wales. The offer is available when you pre-book a table online and select the booking type "KIDS EAT FREE!"
	If you order an adults' all-you-can-eat breakfast, AND your kids eat free, too! Two children under 16 eat for free when one adult order the £10.99 unlimited breakfast.
	Your children can eat for free at Albie, Chet's, Hox Grill and Rondo, which are all part of the London Hoxtons group. The offer is valid every weekend from 12pm – 5pm (and weekdays 12pm – 5pm throughout August) for kids under 10 years old with a dining adult.
	Children under 16 eat free at Morrisons cafe all day, every day when an adult spends £4.50 or more on a meal.
	Children under 10 can eat free from the kids menu when an adult purchases a main from the a la carte menu. Available all day, every day at all diners other than those on the A1, the kids menu includes classics like spaghetti tomato penne pasta, scampi and fries or filled jacket potatoes.
	When an adult orders a full Premier Inn Breakfast – including freshly cooked bacon, eggs and hash browns – or a Meal Deal, up to two under 16s eat breakfast for free.
	Tantalise their tastebuds with a free meal at Brazilian steakhouse Preto. Valid every weekday from 4pm, and all weekend, head to their website and download your Children Eat Free voucher before attending the restaurant.

	Available everyday, children can enjoy a free children's breakfast with an adult traditional or full breakfast or a free child's hot meal or pick n mix lunch box with any adult main course. Children also receive a free child's drink.
	Pausa Cafe is offering a free kids menu for every £4 spent in their in-store cafes. Available all day, everyday.
	Children under the age of ten can get a free mini pizza with every full-paying adult, so the kids can get a slice of the fun too!
	Free children's meals are on offer at participating airport restaurants during eligible school holiday dates, including from 22nd July to the 1st September. Happy flying (and eating)!
	Every Monday, children can eat for £1 at Hungry Horse pubs. There are a variety of meals on offer including fish fingers, pasta and sausages as well as a variety of vegetarian and vegan options.
	Affordable deals on meals for kids on Fridays. You can get the kids pasta or mac and cheese for just 95p from 11am. Other kids meals are also available for the higher price of £1.50.
	Save money on a tea out at the Sizzling Pub and Grill where kids can eat for just £1 with a purchase of every adult meal Monday to Fridays from 3pm. The offer can't be used in conjunction with any other deal and all food must be ordered at the same time.
	Available from Monday to Friday during school holidays kids (including from 22nd July to 30th August) can eat free at Tesco cafes when an adult makes any purchase in the cafe. Worth noting that this excludes weekends. You will also need your Clubcard and to check your local store is running the offer.
	Kids eat free all day everyday with the purchase of an adult main. To claim, you have to simply download their Stripes Rewards app – their customer loyalty scheme – to be able to claim the free meal.
	Visit The Real Greek on Sundays and you'll get one free kids' meal when each adult spends a minimum of £10 on their food. The offer includes a children's meal from the kids' menu (mezze or souvlaki wrap), plus a drink and ice cream or sorbet for dessert. Available to children under 12.
	Deal available from 1st July to 30th August. For every adult that spends £10, one child aged 12 or under gets a free kiddo bento box. If you spend £20, two kids can eat free and so on, with a maximum of three kids per booking able to eat free. The offer is valid Monday to Fridays. Offer is not available at YO!