



Stepping Stones

Triple P Stepping Stones
8-week course for parents and
carers of neurodiverse children

Life can be incredibly challenging if you are raising a neurodiverse child. From difficulties with communication and social interaction to feeling overwhelmed by everyday situations, your child's experiences may require extra understanding and support.

We recognise how demanding this journey can be for parents and carers. That's why we offer the Stepping Stones Triple P Positive Parenting Programme, an 8-week course designed for families of neurodiverse children. Through this programme, you'll explore practical strategies for positive parenting, connect with others to share ideas and experiences, and gain useful tools to support your child and strengthen family life.

Date, time and venue

Start Session-1: Thursday 15th January



No Session: (HALF TERM)

Thursday 19th February

Last Session-8: Thursday 12th March



1 PM - 3 PM



**Lady Bankes Primary
School, Dawlish Drive
Ruislip, Middlesex
HA4 9SF**

To book your spot, please call Annmarie on 07949 890749 or email AnnmarieF@familylives.org.uk

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